



WELLNESS POLICY

Thank You for Being Part of Our Family!

Now that you've chosen our services, we want to share some helpful tips to ensure you get the most out of your experience. Let's get started:

- ✓ When you hire a new Domestic Experience Assistant, even if they have extensive experience, take a little time to explain how you would like things done in your home. Remember, every family is unique, and your household's habits may differ from their previous employer's.
- ✓ Address any MISTAKES with compassion. It takes a bit of time to adjust to each family member's preferences and tastes.
- ✓ Kindness is key. Always communicate with the Assistant in a polite, respectful, and considerate manner. Make sure everyone in the house, including children, parents, and visitors, does the same.
- ✓ Highlight the tasks the Assistant excels at. Recognizing their strengths boosts motivation!
- ✓ The Household Leader should be someone approachable, open to conversation, and available to provide guidance or assistance when needed.
- ✓ Regarding trust, while it's commendable to consider the Assistant "part of the family" and have a friendly relationship with the Household Leader, it's important to maintain professional boundaries to avoid over-familiarity.
- ✓ For the well-being of our Domestic Experience Assistants, we kindly request that they be allowed 30 minutes for their meal breaks, which will not be included in their service hours.

We hope you enjoy an outstanding experience!

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